

PROGRAM OUTLINE

- **Physical & Social Development:** A typical training session will include a variety of exercises, skill-developing individual and group activities, and fun games and competitions.
- **Technical Skills Development** will focus on various forms of ball-handling (dribbling), receiving-the-ball (trapping), sending-the-ball (passing and heading), scoring goals (shooting), and defending (tackling).
- **Tactical Skills Development** will encourage an understanding of positions, attacking play (individual and team work), defensive play (positioning, covering, marking, and team work), reading and anticipation of play development.
- **Ball Handling** will have particular emphasis which will include an introduction to and developmental work on a variety of dribbling techniques (e.g. moves, turns, feints, tricks, shielding, and running with the ball).
- **Small-Sided Games** will provide each player with the opportunity to enjoy many touches on the ball while learning to solve numerous soccer problems. Such team activities incorporate every key element of 'The Beautiful Game' while giving players the opportunity to participate in real soccer situations.
- **FUN and SUCCESS** will always remain the essential quality of the program as the players enjoy learning.



Rep. Academy
U-8: Skills & Drills
"Prep For Rep!!!"



KEY PROGRAM INFORMATION

- To develop players' skills.
- To identify players for competitive (representative) program.
- **For BOYS born in 2002** (turning 8-yrs-old in 2010).

EQUIPMENT REQUIRED

- Indoor Soccer Shoes/Runners.
- Jersey, Shorts, & Socks.
- Shin guards.
- Water bottle.
- A SMILE!!!

UNIONVILLE-MILLIKEN SOCCER CLUB

4721 Highway 7,
P.O. Box 64548
Unionville, Ontario,
L3R 0M9
Phone: 416-678-9881
Fax: 905-477-6772
Email: info@u-msc.com

The Beautiful Game
Jogo Bonito
Mooi Spel
美好的比赛
Beau Jeu
SCHÖNES SPIEL
όμορφο παιχνίδι
Bello Gioco

SCHEDULING & PAYMENT INFO.

- **Program Length:** Nov., 2009 – Mar., 2010 (5 months).
- **Number of Clinics:** 2 Sessions per Week (**Every Wednesday & Friday evening** unless otherwise informed).
- **Start Date:** **Fri., Nov. 6, 2009**
- **Cost:** **\$150 Flat Fee** (Payable To U-MSc).

Player's Registration Information

Player Name	
Date of Birth (Month/Day/Year)	
Parent/Guardian Names	
Phone Number (Home)	
Phone Number (Cell)	
Email Address	
Please note a UMSC registration form must also be completed	

